

Main Meal

OPTION 1

OPTION 2

Veggies

Filled Rolls

Sweet Treats

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Pea-powered mild chilli with rice	Vegetable sausages & mashed potatoes with gravy	Pea-powered cottage pie with gravy	Baked creamy mac 'n' cheese	Vegan Sausage roll, chips & tomato ketchup
Main Meal	Mild beef & lentil chilli con carne with rice	Pork sausages (beef casing) with mashed potatoes & gravy	Roast chicken breast, roast potatoes & gravy	BBQ chicken loaded mac 'n' cheese	Fish fingers, chips & tomato ketchup
Veggies	Sweetcorn	Peas & carrots	Broccoli & carrots	Selection from the salad bar	Baked Beans
Filled Rolls	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Cheese Tuna mayo
Sweet Treats	Chocolate Shortbread	Apple & summer berry crumble with custard	Lemon Sponge & Custard	Garden Brownie	Strawberry Mousse

Available Every Day - Crunchy colourful Salad Bar & Jacket Potatoes with Cheese, Beans, Tuna Mayonnaise & Cheese & Beans



KEY

Wholegrain Vegetarian

Nutritionist's Choice Vegan