

	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
<p><b>Autumn 1</b></p>	<p><b>N&amp;R: JIGSAW Being me in my world</b></p> <p><b>R: CIRCLE TIMES</b> Focus on routine of circle time, introducing stages of circle time, games and following school rules, who the adults are in school who can help us &amp; following instruction.</p>	<p><b>AUTUMN 1</b> <u>Keeping safe lesson 1-</u> Safety in familiar situations. <u>Lesson 2-</u> pupils learn about personal safety. <u>Lesson 3-</u> People who keep them safe outside the home. <b>&amp; 2 CIRCLE TIMES &amp; 1 MIND MATE</b></p>	<p><b>AUTUMN 1</b> <u>Keeping safe at home lesson 1-</u> keeping safe in home including fire safety. <u>Lesson 2</u> keeping safe outside. <u>Lesson 3-</u> road safety <b>&amp; 2 CIRCLE TIMES &amp; 1 MIND MATE</b></p>	<p><b>AUTUMN 1</b> <u>Keeping safe lesson 1</u> recognising <b>bullying</b> and how people can feel. <u>Lesson 2</u> different types of bullying and how to respond to it. <u>Lesson 3</u> what to do if witness bullying. <b>&amp; 2 CIRCLE TIMES &amp; 1 MIND MATE</b></p>	<p><b>AUTUMN 1</b> <u>Keeping safe Lesson 1-</u> how to be safe in their <b>computer</b> gaming habits. <u>Lesson 2-</u> keeping safe near roads, rail, water, building sites &amp; around fireworks <u>Lesson 3-</u> importance of getting enough sleep. <b>&amp; 2 CIRCLE TIMES &amp; 1 MIND MATE</b></p>	<p><b>AUTUMN 1</b> <u>Keeping safe Lesson 1-</u> about keeping safe <b>online</b> <u>Lesson 2-</u> learn that violence within relationships is not acceptable. <u>Lesson 3-</u> about problems that can occur when someone goes missing from home. <b>&amp; 2 CIRCLE TIMES &amp; 1 MIND MATE</b></p>	<p><b>AUTUMN 1</b> <u>Keeping safe out-Lesson 1-</u> feelings of being out in local area with increasing independence. <u>Lesson 2-</u> recognising &amp; respond to peer pressure. <u>Lesson 3-</u> consequences of antisocial behaviour. <b>&amp; 2 CIRCLE TIMES &amp; 1 MIND MATE</b></p>
<p><b>Autumn 2</b></p> <p>Anti bullying week</p>	<p><b>N&amp;R: JIGSAW Celebrating difference</b></p> <p><b>R: CIRCLE TIMES</b> Recapping rules and routines, friendships and anti-bullying- on anti-bullying week. Talking about worries- worry monster.</p>	<p><b>AUTUMN 2</b> <u>Identity, society lesson1-</u> what makes them and others special. <u>Lesson 2-</u> Roles and responsibilities at home and school. <u>Lesson 3-</u> Being cooperative with others. <b>&amp; 2 CIRCLE TIMES &amp; 1 MIND MATES</b></p>	<p><b>AUTUMN 2</b> <u>Sex &amp; relationships lesson 1-</u> understand &amp; respect differences &amp; similarities. <u>Lesson 2-</u>biological difference between male &amp; female &amp; role in life cycle. <u>Lesson3-</u> biological difference between male and female children. <b>&amp; 2 CIRCLE TIMES &amp; 2 MIND MATES</b></p>	<p><b>AUTUMN 2</b> <u>Identity, society Lesson 1-</u> valuing similarities and differences between themselves and another's. <u>Lesson 2-</u> about what is meant by community. <u>Lesson 3</u> about belonging to groups <b>&amp; 2 CIRCLE TIMES &amp; 1 MIND MATES</b></p>	<p><b>AUTUMN 2</b> <u>Identity, society Lesson 1-</u> about Britain as a democratic society. <u>Lesson 2-</u> about how laws are made. <u>Lesson 3-</u> about the local council. <b>&amp; 2 CIRCLE TIMES &amp; 1 MIND MATES</b></p>	<p><b>AUTUMN 2</b> <u>Identity, society Lesson 1-</u> learn about stereotyping, including gender stereotypes. <u>Lesson 2-</u> diversity role models. <u>Lesson 3-</u> about prejudice &amp; discrimination &amp; how this can make people feel. <b>&amp; 2 CIRCLE TIMES &amp; 1 MIND MATES</b></p>	<p><b>AUTUMN 2</b> <u>Identity, society Lesson 1-</u> about people who have moved from other places. <u>Lesson 2-</u> about human rights, the UN convention on the rights of the child. <b>&amp; 2 CIRCLE TIMES &amp; 2 MIND MATES</b></p>

<p><b>Spring 1</b></p> <p>D:side visit</p>	<p><b>N&amp;R: JIGSAW</b> <b>Dreams &amp; goals</b></p> <p><b>R: CIRCLE TIMES</b> Focusing on being kind, friendships, filling your bucket, using kind words, understanding how to make the right choices.</p> <p><b>R: MIND MATE</b></p>	<p><b>SPRING 1</b> <u>Drug, alcohol lesson 1 &amp; 2</u> What can go onto bodies and how it can make people feel.</p> <p><b>&amp; 2 CIRCLE TIMES &amp; 2 MIND MATE</b></p>	<p><b>SPRING 1</b> <u>Drug, alcohol lesson 1</u> why medicines are taken, <u>Lesson 2</u> where medicines come from, <u>Lesson 3</u> about keeping safe around medicines. <b>&amp; 2 CIRCLE TIMES &amp; 1 MIND MATE</b></p>	<p><b>SPRING 1</b> <u>Drugs, alcohol Lesson 1-</u> definition of a drug &amp; can be harmful. <u>Lesson 2</u> effect and risks of smoking tobacco &amp; second hand smoke. <u>Lesson 3</u> help available for people to remain smoke free and stop smoking. <u>Drug, alcohol ASTHMA LESSON (1 lesson)</u> how medicines can be used to treat medical conditions such as asthma, following instructions. <b>&amp; 1 CIRCLE TIME &amp; 1 MIND MATE</b></p>	<p><b>SPRING 1</b> <u>Drugs, alcohol Lesson 1-</u> that drugs are common in everyday life &amp; why people choose them. <u>Lesson 2-</u> about the effects and risks of drinking alcohol. <u>Lesson 3-</u> about patterns of behaviour that are related to drug use. <b>&amp; 2 CIRCLE TIMES &amp; 1 MIND MATE</b></p>	<p><b>SPRING 1</b> <u>Drugs, alcohol Lesson 1-</u> risks associated with smoking drugs, Inc. cigarettes, e-cigs, shisha, cannabis. <u>Lesson2-</u> influences on drug use. <u>Lesson 3-</u> strategies to resist pressure from others about whether to use drugs. <b>&amp; 2 CIRCLE TIMES &amp; 1 MIND MATE</b></p>	<p><b>SPRING 1</b> <u>Drugs, alcohol Lesson 1-</u> risks associated with using different drugs. <u>Lesson 2-</u> assessing level of risk in drugs. <u>Lesson 3-</u> manage risk in drugs. <b>&amp; 1 CIRCLE TIME &amp; 1 MIND MATE</b></p>
<p><b>Spring 2</b></p>	<p><b>N&amp;R: JIGSAW</b> <b>Healthy me</b></p> <p><b>R: CIRCLE TIMES</b> Focus on friendships, recognising different emotions- using puppets and scenarios- and how to help friends who have a problem.</p> <p><b>R: MIND MATE</b></p>	<p><b>SPRING 2</b> <u>Physical health &amp; wellbeing lesson 1.</u> About food that is associated with special times in different countries. <u>Lesson 2</u> active playground games from around the world. <u>Lesson 3</u> About sun safety. <b>&amp; 2 CIRCLE TIMES &amp; 1 MIND MATE</b></p>	<p><b>SPRING 2</b> <u>Physical health lesson 1-</u>about eating well <u>Lesson 2-</u> importance of physical activity, sleep and rest. <u>Lesson 3-</u> people who help us stay healthy, about hygiene and routines. <b>&amp; 2 CIRCLE TIMES &amp; 1 MIND MATE</b></p>	<p><b>SPRING 2</b> <u>Physical health Lesson 1-</u> making healthy choices about food and drinks. <u>Lesson 2-</u> about how branding can affect what food people buy. <u>Lesson 3-</u> about keeping active and some of the challenges of this. <b>&amp; 2 CIRCLE TIMES &amp; 1 MIND MATE</b></p>	<p><b>SPRING 2</b> <u>Physical health Lesson 1-</u> why people may eat or avoid certain foods. <u>Lesson 2</u> factors that contribute to food choices. <u>Lesson 3-</u> getting enough sleep. <b>(Year 5)</b> <u>Physical health Lesson 1-</u> messages given on food adverts can be misleading. <b>&amp; 1 CIRCLE TIMES &amp; 1 MIND MATE</b></p>	<p><b>SPRING 2</b> <b>(Y4 lessons)</b> <u>Sex and relationships Lesson 1</u> about the ways we grow and change throughout lifecycle. <u>Lesson 2</u> about physical changes associated with puberty. <u>Lesson 3</u> about menstruation and wet dreams. <u>Lesson 4-</u> learn about impact on physical hygiene &amp; strategies for managing this. <b>&amp; 2 CIRCLE TIMES &amp; 1 MIND MATE</b></p>	<p><b>SPRING 2</b> <u>Sex and relationships Lesson 1-</u> changes occur in puberty. <u>Lesson 2-</u> consider diff attitudes &amp; values around gender stereotyping &amp; sexuality &amp; consider origin &amp; impact. <u>Lesson 3-</u> values important in relationships, appreciate importance of friendship in intimate relationships. <u>Lesson 4-</u> human reproduction in context of human lifecycle. <b>&amp; 1 CIRCLE TIMES &amp; 1 MIND MATE</b></p>

<p><b>Summer 1</b></p> <p><b>Mental health awareness week</b></p>	<p><b>N&amp;R: JIGSAW Relationships</b></p> <p><b>R: CIRCLE TIMES</b> Resetting rules, dealing with feelings of anger &amp; sadness, how to be a kind friend.</p> <p><b>R: MIND MATE</b></p>	<p><b>SUMMER 1</b> <u>Mental health and well being lesson 1 &amp; 2</u>, different types of feelings and managing different feelings. <u>Mental health lesson 3</u>- Learn about change/loss and how this can feel</p> <p><b>&amp; 2 CIRCLE TIMES &amp; 1 MIND MATE</b></p>	<p><b>SUMMER 1</b> <u>Mental health lesson 1</u>- importance of special people in their lives. <u>Lesson 2</u> making friends and who can help with friendships. <u>Lesson 3</u>- about solving problems that might arise with friendships.</p> <p><b>&amp; 2 CIRCLE TIMES &amp; 1 MIND MATE</b></p>	<p><b>SUMMER 1</b> <u>Mental health lesson 1</u>- celebrating achievements and setting personal goals. <u>Lesson 2</u> dealing with put downs. <u>Lesson 3</u>- positive ways to deal with setbacks.</p> <p><b>&amp; 2 CIRCLE TIMES &amp; 1 MIND MATE</b></p>	<p><b>SUMMER 1 (Y5)</b> <u>Mental health Lesson 1</u>- about wide range of emotions &amp; feelings &amp; how these are experienced in the body. <u>Lesson 2</u>- about times of change &amp; how this can make people feel. <u>Lesson 3</u>- about feelings of loss, grief &amp; bereavement.</p> <p><b>&amp; 2 CIRCLE TIMES &amp; 1 MIND MATE</b></p>	<p><b>SUMMER 1 (Y6)</b> <u>Mental health Lesson 1</u>- learn what mental health is. <u>Lesson 2</u>- what can affect mental health. <b>(Year 4 lessons)</b> <u>Sex and relationships Lesson 5</u> how puberty affects emotions, behaviour, strategies for dealing with the changes associated with puberty. <u>Lesson 6</u>- how to deal with feeling in context of relationships <u>Lesson 7</u>- to answer questions about puberty in confidence &amp; know where they can get support</p> <p><b>&amp; 2 CIRCLE TIMES &amp; 1 MIND MATE</b></p>	<p><b>SUMMER 1 (Y6)</b> <u>Mental health Lesson 3</u>- everyday ways to look after mental health. <u>Lesson 4</u>- learn about stigma &amp; discrimination that can surround mental health. <u>Sex &amp; relationships Lesson 5</u>- how a baby is made and grows. <u>Lesson 6</u>- about roles &amp; responsibilities of carers and parents. <u>Lesson 7</u>- chn learnt to answer each other's questions about sex &amp; relationships with confidence, where to find support &amp; advice when they need it.</p> <p><b>&amp; 1 CIRCLE TIME &amp; 1 MIND MATE</b></p>
<p><b>Summer 2</b></p>	<p><b>N&amp;R: JIGSAW Changing Me</b></p> <p><b>R: CIRCLE TIMES</b> Focus on transition and change- in life but also in school and moving up to year 1, sharing and discussing worries about this and positives of change.</p> <p><b>R: MIND MATE</b></p>	<p><b>SUMMER 2</b> <u>Careers, financial lesson 1, 2, 3</u>. About where money comes from, making choices when spending money, saving money and keeping it safe, about different jobs people do.</p> <p><b>&amp; 2 CIRCLE TIMES &amp; 1 MIND MATE</b></p>	<p><b>SUMMER 2</b> <u>Sex &amp; relationships lesson 4</u>- about growing from young to old, growing and changing. <u>Lesson 5</u>- everyone needs to be cared for and ways to care for others. <u>Lesson 6</u>- Types of family and how their home is special.</p> <p><b>&amp; 2 CIRCLE TIMES &amp; 1 MIND MATE</b></p>	<p><b>SUMMER 2</b> <u>Careers, finance Lesson 1</u>- about what influences peoples choices about spending &amp; saving money. <u>Lesson 2</u>- how to keep track of money. <u>Lesson 3</u>- about the world of work</p> <p><b>&amp; 2 CIRCLE TIMES &amp; 1 MIND MATE</b></p>	<p><b>SUMMER 2 (Year 5 lesson)</b> <u>Physical health Lesson 2</u>- learn about role models (analyse media portrayal of celebs). <u>Lesson 3</u>- how media can manipulate images &amp; that they may not reflect reality.</p> <p><b>&amp; 2 CIRCLE TIMES &amp; 1 MIND MATE</b></p>	<p><b>SUMMER 2</b> <u>Careers, financial Lesson 1</u>- money can be borrowed and there are risks associated with that. <u>Lesson 2</u>- learn about enterprise. <u>Lesson 3</u>- learn what influences people's decisions about careers.</p> <p><b>&amp; 2 CIRCLE TIMES &amp; 1 MIND MATE</b></p>	<p><b>SUMMER 2</b> <u>Sex &amp; relationships lesson 8</u>- myths and misconceptions about HIV, who it affects, how can &amp; cannot be transmitted. <u>Lesson 9</u>- how HIV risk can be reduced. <u>Lesson 10</u>- contraception can be used to stop a baby from being made <u>Keeping safe FGM, Lesson 1</u>- importance for girls to be protected from FGM.</p> <p><b>&amp; 1 CIRCLE TIMES &amp; 1 MIND MATE</b></p>

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