



Main Meal

OPTION 1

OPTION 2

Veggies

Filled Rolls

Sweet Treats

Monday	Tuesday	Wednesday	Thursday	Friday
Fajita roasted vegetable pizza with oven baked wedges	Cheesy bean pasta bake	Vegetable sausages with roast potatoes & gravy	5 bean chilli with Mexican rice	Vegetable nuggets, chips & tomato ketchup
Fajita chicken pizza with oven baked wedges	Beef bolognaise with penne pasta	Roast gammon with roast potatoes & gravy	Chicken wrap with Mexican rice	Fish fingers, chips & tomato ketchup
Green beans & sweetcorn	Broccoli	Broccoli & roasted carrot	Rainbow vegetables	Baked beans
Ham Cheese or Tuna mayo	Ham Cheese or Tuna mayo	Ham Cheese or Tuna mayo	Ham Cheese or Tuna mayo	Cheese or Tuna mayo
Lemon shortbread	Fruit crumble & custard	Chocolate & banana brownie sponge	Sliced fruit selection	Chocolate shortbread

Available Every Day -

Crunchy Colourful Salad Bar
Jacket Potato with Cheese, Beans, Tuna Mayonnaise or Cheese & Beans
A choice of Fruit, Jelly or Yoghurt



KEY

Vegan

Vegetarian

Wholegrain

Added Chickpeas

Made with Pea Protein

Added Lentils

Nutritionist's Choice

THE
FOOD
EXPLORERS

Monday

Tuesday

Wednesday

Thursday

Friday

Main
Meal

OPTION
1

OPTION
2

Cheese & tomato pizza
with oven baked wedges

Smokey BBQ pieces & rice

Veggie all day breakfast

Cheesy cauliflower pasta bake

Quorn dippers, chips
& tomato ketchup

Sweet chilli salmon melt
with oven baked wedges

Chicken katsu with rice

All day breakfast,
with pork sausages

Chicken & tomato pasta bake

Fish & chips
with tomato ketchup

Veggies

Peas

Rainbow vegetables

Baked beans

Crudites and salad bar selection

Baked beans

Filled
Rolls

Ham
Cheese
or Tuna mayo

Ham
Cheese
or Tuna mayo

Ham
Cheese
or Tuna mayo

Ham
Cheese
or Tuna mayo

Cheese
or Tuna mayo

Sweet
Treats

Rice pudding with peaches

Apple pie with custard

Chocolate sponge & custard

Watermelon wedge

Fruity flapjack

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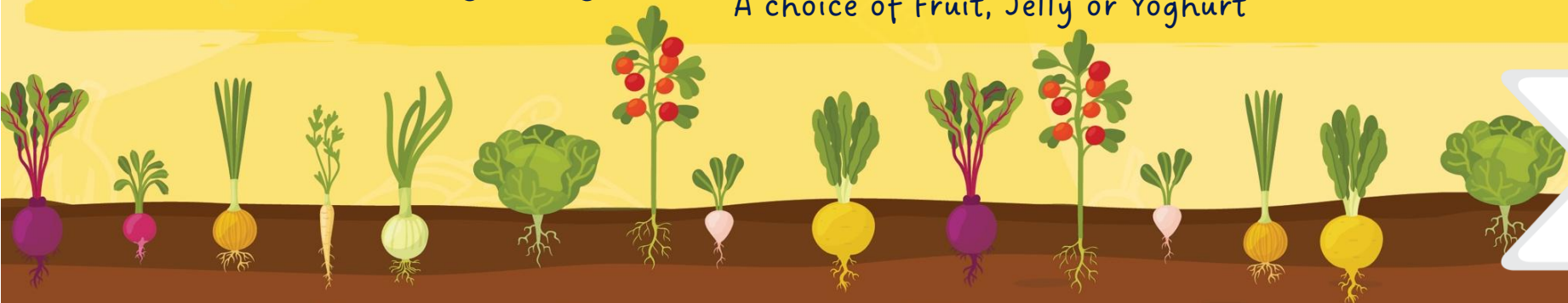
Monday	Tuesday	Wednesday	Thursday	Friday
Mixed bean bolognaise with penne pasta	Vegetable sausages with mashed potatoes & gravy	Vegetable pastry with roast potatoes & gravy	Cauliflower & chickpea korma with rice	Vegan sausage roll, chips & tomato ketchup
Beef bolognaise with penne pasta	Pork sausages with mashed potatoes & gravy	Roast chicken breast, roast potatoes & gravy	Chicken korma with rice	Fish fingers, chips & tomato ketchup
Green beans & sweetcorn	Peas & carrots	Broccoli & roasted carrots	Tomato, cucumber & carrot salad	Baked beans
Ham Cheese or Tuna mayo	Ham Cheese or Tuna mayo	Ham Cheese or Tuna mayo	Ham Cheese or Tuna mayo	Cheese or Tuna mayo
Lemon shortbread	Orchard crumble with custard	Raspberry jelly & mandarins	Chocolate & orange brownie	Sliced fruit selection

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