



Tuesday 2nd September 2025

Forest Schools
Wednesday 10th September – Wednesday 22nd October

Dear Parents / Carers,

As you may be aware, Forest Schools teaching has begun at Saltergate.

Forest School enhances the curriculum in our school and is an inspirational way of learning which focusses on the child's interests. In the sessions, trained instructors will help our children to embed their learning through play, exploration and supported risk taking. The Forest School's approach builds children's confidence and self-esteem through learner inspired experiences in a natural setting. Going forward, over the course of each year all children will access this provision.

The Forest School sessions will be held during the school day and will be delivered by Born of the Forest instructors. Within these sessions children will take their learning outdoors and participate in a variety of activities, such as den building, fire lighting and fire safety, campfire cooking, tool use, woodland crafting and woodland management e.g. wildlife areas, plant identification and bird boxes.

Palmer and Palacio Classes will be taking part in Forest Schools during Autumn Term 1. The sessions will run weekly on Wednesdays, **beginning on Wednesday 10th September and concluding on Wednesday 22nd October.**

The session dates will be: 10.09.25, 17.09.25, 24.09.25, 01.10.25, 08.10.25, 15.10.25 and 22.10.25

As Forest School is taught outside, the children will be outdoors in all weather and they may get muddy or dirty. Therefore, your child will need to come to school in uniform and bring an old sweatshirt, joggers and trainers/wellies to change into for their session. They will also need waterproofs (a coat with hood and trousers if you have them). As the weather is variable, your child may also need a hat and gloves or sun cream and a sun hat. Please send old clothes which can get dirty and muddy!

We are very much looking forward to this exciting new approach to learning with your children!

Many thanks,

Miss Tye and Miss Tremble

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Learning Trust Alliance Teacher Training Teaching School Hub

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